



about us

This quarterly newsletter arises from the project The Healthy Nightlife Toolbox, which has received funding from the European Union in the framework of the Public Health Programme. This is the second edition.

The [Healthy Nightlife Toolbox](#) (HNT) is an international initiative that focuses on the reduction of harm from alcohol and drug use among young people. Designed for local, regional and national policy makers and prevention workers, the toolbox contains reviewed literature, contact details, evidence-based and best-practice interventions and policies, and a digital handbook of good practice for drugs and alcohol prevention in nightlife settings.

**Contact:**

Lotte Voorham

events

### 6th International conference on drugs and young people

This conference will be held from 2nd to the 4th May 2011 in Melbourne, Australia. The conference is dedicated to exploring the impact of drug use on young people and how youth related drug problems can be responded to by various human service fields....»

[more details](#)

### Media influence on nightlife conference

The media influence on nightlife conference takes place on the 13th and 14th of October 2010 in Brussels. The conference delivers European key figures on media, nightlife and public health.... » [more details](#)

new publications

### European report on preventing violence and knife crime among young people

This report, published by WHO Europe, describes the burden that youth violence imposes on the European Region; risk and protective factors, and the evidence supporting the different approaches to prevention.... » [more details](#)

### Party survey (Feestmeter) 2008-09

In 2008-2009, the Party survey (Feestmeter) examined substance use among attendees at eleven national and regionally organised large scale parties in The Netherlands....» [more details](#)

Good to Know

Over the past two years we've seen the rise (and in some countries fall) of mephedrone. A range of other designer drugs is lined up. The

[e] [lvorham@trimbos.nl](mailto:lvorham@trimbos.nl)

### Unsubscribe:

If you would like to unsubscribe to the HNT Mailing List, [please click here](#).

question does not seem to be to what extent mephedrone will stay, but: what can we expect from these easily accessed and legally uncontrollable designer drugs? We have gathered a few articles on this new phenomenon. Here are some examples. For others, visit the 'Good to Know' section of the Healthy Nightlife Toolbox website.

### **Instability of the ecstasy market and a new kid on the block: mephedrone**

Recently, several reports have indicated instability of the ecstasy market in the Netherlands and other EU countries. In the current study, we demonstrate this instability in the Netherlands.... » [more details](#)

### **Mephedrone, new kid for the chop?**

Mephedrone (4-methylmethcathinone) is a novel synthetic stimulant drug that has recently become popular in the United Kingdom and elsewhere in Europe....» [more details](#)

## news

### **Community partnerships work best to prevent alcohol-related harm in nightlife**

A major European study has examined research from across the world to identify what works to reduce alcohol-related harm in drinking environments....» [more details](#)

### **Philips Livable Cities Award**

Have an idea to improve the world's cities? Philips are looking for individuals and community or non-governmental organizations and businesses with ideas for "simple solutions" that will improve people's health and well-being....» [more details](#)

## interventions

### **Bar Safe (Bar Veilig)**

Bar Veilig - voorkomen van agressie in de horeca" has been developed in The Netherlands as a part of a broader programme, with the objective to create healthy and safe nightlife settings....» [more details](#)

### **Peer-led interventions to deliver health information to ecstasy and related drug (ERDs) users**

Peer-led, ecstasy-related harm reduction efforts have become increasingly popular over the past two decades but their efficacy has never been rigorously evaluated....» [more details](#)

## literature

### **The development of the recreational drug outreach educational concept 'Drug Idle'**

We established a multidisciplinary local network of key stakeholders

interested in the prevention and management of recreational drug toxicity...» [more details](#)

**Effects of a community intervention to reduce the serving of alcohol to intoxicated patrons**

The aim of this paper was to assess the effects of an alcohol prevention programme to reduce the serving of alcoholic beverages to intoxicated clients on licensed premises...» [more details](#)

